

# PUBLIC HEALTH, MPH

## Program Description

The Master of Public Health (MPH) Program at La Salle University provides students with opportunities for knowledge and skill development to solve public health problems, with particular emphasis on health disparities in urban communities. Students collaborate with community members and other professionals to create and evaluate health promotion and disease prevention programs. The curriculum includes a practice immersion and a capstone project that emphasize case findings, health education, and disease prevention. The MPH curriculum is designed to ensure that upon graduation students have attained knowledge in the broad field of public health as well as knowledge related to health disparities in urban communities. MPH students complete their public health practice hours in urban communities including communities identified as medically underserved or vulnerable. Students bring the knowledge, skills, and attitudes gained in core and cross-cutting competency, elective, practice, and capstone courses to the practice site that meet the public health needs of urban communities.

## Mission

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The mission of the La Salle University Master of Public Health (MPH) Program, which is rooted in the larger University mission, is to educate individuals from diverse disciplines and backgrounds in core public health knowledge areas so that they are equipped to help prevent disease and promote physical and mental health and social well-being through public health practice, leadership, and research.

## Values

The La Salle Master of Public Health (MPH) Program's values stem from the broader University's values, including teaching excellence, the importance of community, service to the poor, and education that fosters spiritual development. Specifically, the Program's values include:

- Excellence in teaching that fosters idealism, creativity, and innovation.
- Service to marginalized and underserved populations which helps to promote health and prevent disease.
- Research and scholarship that engages communities as partners in improving the environmental and social conditions necessary to achieve physical and mental health and social well-being.
- Ethical decision making that considers social justice and health equity.
- Respect for cultural and religious values at the individual, family, community, and societal levels.
- Equality for individuals and communities regardless of race, ethnicity, religion, age, gender, sexual orientation, socioeconomic status, or ability.
- Commitment to lifelong professional and personal development.

## Program Goals

### Instructional Goals

Goals:

1. Implement high-quality undergraduate and graduate public health programs which integrate coursework and practice experiences

to (1) prepare graduates to demonstrate competency in public health practice in urban communities and (2) help prevent disease and promote health through public health practice, leadership and research.

2. Deliver a Lasallian education in which faculty demonstrate public health expertise through effective teaching and advising

## Research Goal

Goal: Engage students and faculty in public health research and scholarship on urban health issues to advance health equity.

## Service Goal

Goal: Engage students and faculty in service and outreach activities within the University and the larger community. Particular emphasis is placed on service opportunities addressing the needs of urban communities.

## Workforce Development Goal

Goal: Provide training and workforce development opportunities that meet the needs of the public health workforce in urban communities.

## Diversity Goal

Goal: Develop public health leaders equipped to promote health and advocate for social justice and equity in diverse populations and empower communities to advance equity.

## Program Specific Information

### Public Health Practice Experience

Placement in the public health practice experience is established by an affiliation agreement with a non-profit agency or organization invested in health-related programs. Students identify public health practice sites based on academic and prior work experience, individual interest, and professional goals. Students must complete 200 practice hours to successfully complete the practice requirement.